



Fox Chase Soccer

Goalkeeper Training Program

Overview: Often the position of Goalkeeper is a weak point when it comes down to regular practices. Granted the shooting drills are a usual routine performed. But most times, practices address the ball control fundamentals of the field players. This training would be goalkeepers only, addressing the fundamentals as well as the advanced techniques used in that position.

Who Should Attend? Boys and Girls interested in playing, or are playing the position. Coaches should have at least one primary goalkeeper and one backup per team. More are acceptable.

Drills and Techniques: The goalkeepers will follow a rigorous practice consisting of many drills that will strengthen their skills at that position. They will learn the basics to the advanced techniques required for this very important position. Goalkeepers will learn positioning and communication with fellow players.

Cost: FREE *(this program is only offered to registered travel Fox Chase players)*

Dates, Time and Location: TBD

Instructors: Jim Tracey - 215-342-4146
John Tracey – 215-663-9052