



Fox Chase Soccer Club
2009/2010 Indoor Home League Season
Coaching Guidelines & Rules



The purpose of the Fox Chase Soccer Indoor Home League is to instruct the players in the fundamentals of soccer, organize teams for competition conducive to physical, moral, and mental development, and to install good sportsmanship. Most importantly, everyone should have FUN while achieving these goals.

1. **Ensure that all players play a minimum of 50% of every game, regardless of playing abilities. A player may not play the entire game. The only exception is not enough players.**
2. All players must wear shin guards for practice as well as games. No jewelry allowed (earrings, etc.)
3. Team captains will be rotated week to week so every player has an opportunity to be a captain.
4. Make sure that the area your team utilized during practice and games is cleaned up of any food, water bottles, trash, etc.
5. Games will consist of two (2), 20-minute halves **Majors**, 20-mins **Minors** (running clock). Three (3) minute half time. Have players arrive fifteen minutes before game time. No over-time in regular season games.
6. Substitutions on the fly, possession kicks, and goal kicks. No substitutions on free kicks or corners. No on the fly goalie substitutions. Player must be off before substitute comes on.
7. Five (5) players on the court, plus a goalie.
8. There are no offsides.
9. Any fouls called within the goal area and three point basketball perimeter, the ball is placed outside the three-point perimeter for an indirect kick.
10. All free kicks are indirect. Note: A tap is considered an indirect kick.
11. If the ball is kicked and hits the rafters of the gym, a one (1) minute penalty is assessed to that player.
12. Each team has one (1), one (1) minute time out per game.
13. All-Star games are March 27, 2010. Playoffs start March 2010.
14. We encourage all teams to put at least one team in the 3 v 3 tournament (March 27, 2010). More information will be distributed later in the season.
15. **Support referees; they are current Fox Chase soccer players. Inappropriate behavior towards a referee is a very serious offense in the eyes of the club and will not be tolerated. If a referee experiences these situations they are instructed to report it to the League Directors.**
16. **Game Cancellations - All games are considered "ON". Cancellations will be determined by the League Directors ONLY. If city recreations centers & schools are closed because of weather, games and practices will be cancelled. Contact Fox Chase Soccer Club Hotline - 215-722-7065 for more information.**
17. Attend, if possible, Fox Chase Soccer Club monthly meetings on the second Tuesday of each month at Loudenslager Post @ 8:00PM. Visit our web-site, "foxchasesoccer.org" for club information and pictures.